

CHURCHES TOGETHER IN GODALMING & DISTRICT

AGENDA FOR OPEN MEETING TO BE HELD ON WEDNESDAY, 27th June 2018

At St. Mark's Church and Community Centre, Franklyn Rd. Godalming GU7 2LD

7.15 pm Refreshments

7.45 pm

- 1) Welcome and Prayer Michael Stubbs, Chairman
- 2) Apologies -
- 3) Minutes of the Open Meeting on 14th March 2018 – comments and amendments.
- 4) Discussion on Worship @ The Bandstand on Sunday, 12th August
- 5) Report from CT Winter Festival Group for 24th November
- 6) Christmas Together Day Saturday, 8th December
- 7) CT Breakfasts updates – Edouard le Maistre
- 8) Christian Aid Week report / ideas for 2019
- 9) Possible 5th Sunday Evening Services – any offers for July 29th and Sep 30th .
- 10) Reminder – 4C4U Over 60's Coach trip to Worthing on Wednesday, 18th July (Jacky Tickner 415702)
- 11) Discussion on Mental Health Work as a Church Ministry – Dr. Jenna Brown (see briefing note below)
- 12) AOB – to Michael prior to start of meeting.

Date of next Open meeting (AGM) Wednesday, 17th October 2018 – venue tbc

Closing Prayer

Mental Health as a church ministry: Dr Jenna Brown

“ I am a Clinical Psychologist based in Godalming, soon to be returning to work part time following maternity leave. I work for the NHS in a community mental health recovery service (CMHRS), offering psychological therapies on an individual or group basis to people with severe and enduring levels of mental health problems. In practice this tends to primarily include depression, anxiety, OCD, complex trauma, psychosis and personality disorders.

I'm also a practising Christian and I believe God has been calling me in recent years into mental health work as a church ministry. At present, I think this is likely to include: training packages for churches and local organisations, support groups and therapy group work, and subsidised 1:1 psychological interventions for those who may struggle to access it otherwise. The more conversations I have around this area of ministry, the more opportunities and ideas seem to

arise, so the key task at present for me is to work out where God wants me to get started, and how to fit this around family life, existing church commitments and my day job!”

The aim of this discussion is to sound out any other people who might be interested in forming a team to take this forward. Also, to come up with any ideas etc. or comments or advice from similar therapy groups. a

Possibly the members of the team might consist of A Co Facilitator – with relevant background / trainee / Admin person.

